

## Lent is a Season for Renewal

We all experience “knots” in our lives: difficulties, wounds, hardness of heart. Lent is an opportunity to let God work on those knots, turning us upside down and inside out—remaking, reshaping and recasting us in God's image. You are invited to take a strip of fabric and to tie knots in the cloth as you think of the knots in your life. Through Lent, you might keep the cloth with you, adding and untying knots as you notice God at work in you and through you. Welcome.

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### Génesis 9:8-17

<sup>8</sup> Dios también les dijo a Noé y a sus hijos: <sup>9</sup> «Miren, yo voy a establecer mi alianza con ustedes y con sus descendientes, <sup>10</sup> y con todos los animales que están con ustedes y que salieron de la barca: aves y animales domésticos y salvajes, y con todos los animales del mundo. <sup>11</sup> Mi alianza con ustedes no cambiará: no volveré a destruir a los hombres y animales con un diluvio. Ya no volverá a haber otro diluvio que destruya la tierra. <sup>12</sup> Ésta es la señal de la alianza que para siempre hago con ustedes y con todos los animales: <sup>13</sup> he puesto mi arco iris en las nubes, y servirá como señal de la alianza que hago con la tierra. <sup>14</sup> Cuando yo haga venir nubes sobre la tierra, mi arco iris aparecerá entre ellas. <sup>15</sup> Entonces me acordaré de la alianza que he hecho con ustedes y con todos los animales, y ya no volverá a haber ningún diluvio que los destruya. <sup>16</sup> Cuando el arco iris esté entre las nubes, yo lo veré y me acordaré de la alianza que he hecho para siempre con todo hombre y todo animal que hay en el mundo. <sup>17</sup> Ésta es la señal de la alianza que yo he establecido con todo hombre y animal aquí en la tierra.» Así habló Dios con Noé.

### Genesis 9:8-17

<sup>8</sup>Then God said to Noah and to his sons with him, <sup>9</sup>“As for me, I am establishing my covenant with you and your descendants after you, <sup>10</sup>and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. <sup>11</sup>I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” <sup>12</sup>God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: <sup>13</sup>I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. <sup>14</sup>When I bring clouds over the earth and the bow is seen in the clouds, <sup>15</sup>I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. <sup>16</sup>When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” <sup>17</sup>God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”